**Lunch Menu**

Menu is subject to change

Allergens will be displayed on the daily buttery menu

---

**NOVEMBER**

### Monday 6th

(VEGAN) Chickpea Stuffed Aubergine with Toasted Almonds & Rose Yogurt £3.45

(V) Vegetable & Lentil Moussaka £3.45

Piri piri Chicken with Red Rice & Corn Salsa £3.85

Baked Haddock on Spring Onion Mash with Chive Sauce £3.85

Crumble Served with Custard £1.80

### Tuesday 7th

(VEGAN) Bang Bang Cauliflower Curry £3.45

(V) Broccoli, Green Bean, Spinach & Cabbage Pan Fry with Green Pesto £3.45

Chinese Style Chicken Curry £3.85

Fillet of Fish with Parsley Sauce £3.85

Lemon & Poppy Seed Cake £1.80

### Wednesday 8th

(VEGAN) Baked Falafel with Marinated Cabbage & Red Onion Salad Served on a Flat Bread £3.45

(V) Cannelloni Verde £3.45

Honey & Mustard Roast Gammon with Gravy £3.85

Tandoori Fish with Cucumber Salad £3.85

Sticky Toffee Pudding £1.80

### Thursday 9th

(VEGAN) Fried Teriyaki Vegetables with Rice £3.45

(V) Leek & Mushroom Risotto Cake Topped with Tomato & Basil Sauce £3.45

Korean Spiced Pork Fried Rice £3.85

Baked Haddock Fillet with a Spinach & Cheese Sauce £3.85

Chocolate Cake £1.80

---

**Mondays**

12:30 - 13:45

**Wednesdays**

12:30 - 13:45

**Thursdays**

12:30 - 13:45

**Saturdays**

BRUNCH

9.30 - 13.30

**Sundays**

CLOSED

---

**Lunch**

**Dinner**

<table>
<thead>
<tr>
<th>Day</th>
<th>Lunch</th>
<th>Dinner</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>12:30 - 13:45</td>
<td>18:00 - 19:15</td>
</tr>
<tr>
<td>Tuesday</td>
<td>12:30 - 13:45</td>
<td>18:00 - 19:15</td>
</tr>
<tr>
<td>Wednesday</td>
<td>12:30 - 13:45</td>
<td>18:00 - 19:15</td>
</tr>
<tr>
<td>Thursday</td>
<td>12:30 - 13:45</td>
<td>18:00 - 19:15</td>
</tr>
<tr>
<td>Friday</td>
<td>12:30 - 13:45</td>
<td>18:00 - 19:15</td>
</tr>
<tr>
<td>Saturday</td>
<td>BRUNCH 9.30 - 13.30</td>
<td>18:00 - 19:15</td>
</tr>
<tr>
<td>Sunday</td>
<td>CLOSED</td>
<td>CLOSED</td>
</tr>
</tbody>
</table>
### Menu is subject to change

Allergens will be displayed on the daily buttery menu

<table>
<thead>
<tr>
<th>Monday</th>
<th>30th</th>
</tr>
</thead>
<tbody>
<tr>
<td>(VEGAN) Apricot, Sweet Potato, Aubergine &amp; Tomato Tagine with Cous Cous £3.45</td>
<td></td>
</tr>
<tr>
<td>(V) Tortellini Formaggio Pasta £3.45</td>
<td></td>
</tr>
<tr>
<td>Tempura Vegetables with Mushroom Fried Rice &amp; Plum Sauce £3.85</td>
<td></td>
</tr>
<tr>
<td>Fillet of Fish with Wild Mushroom Sauce £3.85</td>
<td></td>
</tr>
<tr>
<td>Vegan Brownie £1.80</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Tuesday</th>
<th>31st</th>
</tr>
</thead>
<tbody>
<tr>
<td>(VEGAN) Mushroom, Sweet Potato &amp; Cranberry Wellington £3.45</td>
<td></td>
</tr>
<tr>
<td>(V) Spiced Halloumi &amp; Pineapple Burger with Zingy Slaw £3.45</td>
<td></td>
</tr>
<tr>
<td>Turkey Meatballs with Citrus Couscous £3.85</td>
<td></td>
</tr>
<tr>
<td>Mixed Seafood &amp; Tomato Tagliatelle £3.85</td>
<td></td>
</tr>
<tr>
<td>Trifle £1.80</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Wednesday</th>
<th>1st</th>
</tr>
</thead>
<tbody>
<tr>
<td>(VEGAN) Onion Bhaji Burger, with Onion, Coriander &amp; Tomato Salad, Raita Dressing &amp; Mango Chutney £3.45</td>
<td></td>
</tr>
<tr>
<td>(V) Baked Ratatouille with Goats’ Cheese &amp; Herby Crumble £3.45</td>
<td></td>
</tr>
<tr>
<td>Chicken Paella £3.85</td>
<td></td>
</tr>
<tr>
<td>Pesto Penne with Tuna, Red Onions &amp; Cherry Tomatoes £3.85</td>
<td></td>
</tr>
<tr>
<td>Mango Mousse £1.80</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Thursday</th>
<th>2nd</th>
</tr>
</thead>
<tbody>
<tr>
<td>(VEGAN) Roasted Vegetable, Cauliflower, Spinach &amp; Potato Curry £3.45</td>
<td></td>
</tr>
<tr>
<td>(V) Bean &amp; Lentil Chilli Sour Cream Salsa £3.45</td>
<td></td>
</tr>
<tr>
<td>Black Beans &amp; Chorizo with Chicken £3.85</td>
<td></td>
</tr>
<tr>
<td>Cod with Cheesy Herb Sauce £3.85</td>
<td></td>
</tr>
<tr>
<td>Assorted Desserts £1.80</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Friday</th>
<th>3rd</th>
</tr>
</thead>
<tbody>
<tr>
<td>(VEGAN) Hoisin vegetable &amp; Seitan Stir Fry with Rice £3.45</td>
<td></td>
</tr>
<tr>
<td>(V) Sweet Potato, Spinach &amp; Goat Cheese Pie £3.45</td>
<td></td>
</tr>
<tr>
<td>Battered Haddock with Lemon &amp; Tartar Sauce £3.85</td>
<td></td>
</tr>
<tr>
<td>Fettuccine with Seafood &amp; Lemon Sauce £3.85</td>
<td></td>
</tr>
<tr>
<td>Assorted Desserts £1.80</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Saturday</th>
<th>4th</th>
</tr>
</thead>
<tbody>
<tr>
<td>(VEGAN) Rarebit Topped &amp; Wilted Spinach Field Mushroom £3.45</td>
<td></td>
</tr>
<tr>
<td>(V) Squash, Red Onion &amp; Feta Frittata £3.45</td>
<td></td>
</tr>
<tr>
<td>Spaghetti Bolognese £3.85</td>
<td></td>
</tr>
<tr>
<td>Asian Style Cod &amp; Lentils £3.85</td>
<td></td>
</tr>
<tr>
<td>Assorted Desserts £1.80</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Sunday</th>
<th>5th</th>
</tr>
</thead>
<tbody>
<tr>
<td>CLOSED</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Lunch</th>
<th>Dinner</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>12:30 - 13:45</td>
</tr>
<tr>
<td>Tuesday</td>
<td>12:30 - 13:45</td>
</tr>
<tr>
<td>Wednesday</td>
<td>12:30 - 13:45</td>
</tr>
<tr>
<td>Thursday</td>
<td>12:30 - 13:45</td>
</tr>
<tr>
<td>Friday</td>
<td>12:30 - 13:45</td>
</tr>
<tr>
<td>Saturday</td>
<td>BRUNCH 9:30 - 13:30</td>
</tr>
<tr>
<td>Sunday</td>
<td>CLOSED</td>
</tr>
</tbody>
</table>