



Newnham Family Forum: Programme

Saturday October 13 2018, 10am-3.30pm



Tickets will be £18, including a full day of talks and discussion, morning refreshments, and a two course lunch in College Hall. *Nb. To keep costs down for guests, and in response to feedback from previous events, we will be providing one small glass of wine with lunch for those who want it.*

10.00am: Registration and coffee

10.30am – 11.15am: Professor Maggie Atkinson (NC 1975)

Professor Maggie Atkinson was the second Children's Commissioner for England from 2010-2015, having already spent over 5 years as a Director of Children's Services, one of the first in that vital role. In 2008-09 she was the first solo president of the Association of Directors of Children's Services (ADCS.) She chaired the government's National Children's Workforce Strategy Group 2008-10. She has been a member of the Department of Health's Children and Young People's Health Outcomes Forum, with a particular focus on challenging England's many social inequalities and their negative effects on children's health. She has also acted a member of the ministerial task force on children and young people's mental health, and a peer inspector within HMIC's programme of police service inspections in England and Wales.

11.25am – 12.05pm: Dr Linda Papadopoulos

Dr Linda Papadopoulos is a chartered counselling and health psychologist, writer and regular commentator on psychological issues in broadcast, radio and print media. Dr Papadopoulos has a prolific academic publication record and has published widely in peer reviewed academic journals in the fields of Psychodermatology, Body Image, Counselling and Medical Psychology. Her books and research articles in the field of Psychodermatology exploring the link between the skin and the psyche are considered seminal in the field. She is the author of *Mirror Mirror: Dr Linda's Body Image Revolution*, and in 2010 she was commissioned by the government to write a review on the effect of sexualisation on young people.

12.05pm – 12.45pm: Natasha Devon MBE

Natasha Devon MBE is a writer and campaigner who has dedicated her life to promoting positive mental health, body image, gender & social equality. She has visited over 300 schools and colleges, and addressed over 150,000 teenagers on mental health, body image and gender issues. She has also written for the Guardian, Telegraph and Independent on a range of related topics including teacher stress, male mental health and lack of funding for creative subjects and sport in British schools. She is the founder of the Body Gossip charity (and the associated Body Gossip Education Programme) and co-founder of the Self-Esteem Team. In 2015 she was awarded an MBE in recognition of her services to young people.

12.45pm – 2.00pm: Light Lunch in College Hall

2.00pm – 3.30pm: Panel Discussion (and contributions from the floor)

Our speakers join us for a group discussion and we encourage you all to participate too! Ask questions, voice your own thoughts and hear from others: this is an ideal opportunity to talk about these challenges openly, to share experiences and learn from experts in the field.